

## GOAL BRAG PAGE

We goal achievers are all about the chase to check off the next goal on our list. You can relate, right?

My mission today is to get you to stop long enough to think about all the goals you have set for yourself and accomplished.

Why? Unabashed self-love, that's why!

We spend so much time in the pursuit of goals, but not nearly enough time savoring our success, right?

So -- use this page as your **Brag Page** to give yourself a few written high-fives! Maybe grab a few of your most recent planners or goal journals and leaf through them to reconnect with some of your former goals. Take it from one who just rode down memory lane, it feels good!

I am so proud of myself for achieving the following goals:

**CONGRATULATIONS!** You are one heck of a goal getter!