



MY FAVORITE

Resources

FOR GOAL SETTING AND
GETTING!



Hey Ladies! If you are like me, you love to dive deep into pages or podcasts to get your info. The following list is not exhaustive, but contains the top, best resources I rely upon to prepare my mind and my heart for goal setting and goal getting. I will occasionally update this list so stay tuned!

BOOKS

1. See You At The Top, by Zig Ziglar
2. Think and Grow Rich, by Napoleon Hill
3. You Were Born Rich, by Bob Proctor
4. Goals! By Brian Tracy
5. You Are More Than Enough, by Judy Moreo
6. Abundance Now, by Lisa Nichols
7. The Power of Your Subconscious Mind, by Joseph Murphy
8. The Science of Success by Wallace Wattles

PODCASTS

1. The Life Coach School, by Brooke Castillo
2. The Goal Digger Podcast, by Jenna Kutcher